



INDIAN OCEAN

R E S T A U R A N T

Special Star System to indicate strength of curries

- Mild*** These dishes consist of cream coconut and almond powder, rich in flavour
- Medium**** These dishes are more traditional in taste
- Hot***** These dishes can be enjoyed by all who have spice tolerance
- Very Hot****** Only advised for those who like really hot Indian Cuisine

*Allergens are numbered on the menu after each dish.
If you need more information, please ask a member of staff.*

GUIDE TO ALLERGENS

- | | | |
|--------------------------|-------------------|----------------------------|
| GF Gluten Free | 5 Fish | 10 Nuts |
| 1 Celery | 6 Lupin | 11 Peanuts |
| 2 Contains Gluten | 7 Milk | 12 Sesame Seeds |
| 3 Crustaceans | 8 Molluscs | 13 Soya |
| 4 Eggs | 9 Mustard | 14 Sulphate Dioxide |

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Starters

Pakora** GF 4£4.85

Vegetables deep fried in gram flour batter.

Onion Bhagee** GF 4£4.95

Spiced onions deep fried in gram flour batter.

Chicken Pakora** GF 4£5.25

Delicately spiced chicken with garlic & ginger, deep fried in gram flour batter.

Samosa** 2£4.95

Vegetable or mince enveloped in pastry, deep fried.

Mixed Vegetable Starter** 2 4£5.45

A small selection of vegetable samosa, vegetable pakora and onion bhagee.

Chicken Puri** 2 7 9£5.75

Delicately spiced chicken, cooked with tomato, onion & green peppers, served on a pancake type bread with a touch of tandoori sauce.

Duck Spring Rolls* 2 4 7 12 13£5.95

Succulent duck lightly spiced and wrapped in a crispy pancake.

King Prawn Puri** 2 5 7£6.45

King Prawns cooked with tomato, onion & green peppers, served on a pancake type bread with a touch of tandoori sauce.

Garlic King Prawn* 5 7£6.95

Jumbo King Prawns cooked with garlic, butter & fresh herbs.

Chicken Tikka** GF 7 9£5.95

Cubed chicken previously cooked in a tandoori oven.

Tandoori Mix** GF 4 7 9£6.25

A selection of barbecued chicken tikka, lamb tikka and sheek kebab all freshly cooked in a tandoori oven.

House Starter Selection** 2 4 7 9£6.85

A small selection of pakora, onion bhagee, mince samosa, chicken tikka, served with salad.

Indian Ocean Tapas

for Two / Four People** 2 4 5 7 9£11.95 / £19.95

The chefs selection of chicken, meat & vegetables.

Classic Dishes

CHICKEN MADRAS*** GF 7£10.45

Hot curry cooked with mixed Indian spices.

CHICKEN BHUNA** GF 7£10.45

Cooked with a blend of spices with tomato, onion, green pepper and fresh coriander. (thick sauce).

CHICKEN PATIA*** GF 7£10.75

Cooked with onions and fresh lemon juice in a hot, sweet & sour sauce.

CHICKEN DANSAK*** GF 7£10.95

Cooked with lentils & pineapple, with sweet and sour sauce.

CHICKEN KORMA* GF 7 10£10.95

Cooked in cream, coconut, almond powder, sultanas and creamy sauce - very mild.

CHICKEN ROGAN JOSH** GF 7 9 10£10.95

Cooked with mixed Indian spices, tomatoes, green peppers, onions and green herbs, topped with a creamy sauce. (mild) Can also be served without cream.

CHICKEN KASHMIR* GF 7 10£10.95

Delicately flavoured with fresh herbs and light spices, cooked with tropical fruits.

CHICKEN BIRYANI** GF 7 10£13.45

Cooked with basmati rice, a mixture of spices & sultanas, garnished with tomato and cucumber, served with a plain vegetable curry sauce.

ALL ABOVE DISHES AVAILABLE IN:

CHICKEN TIKKA £1.00 EXTRA 7 9 10

LAMB £1.00 EXTRA

KING PRAWN £1.50 EXTRA 5

VEGETABLE £10.45 9

Tandoori Specialities

Main Courses

Chicken Tikka** GF 7 9 £12.45

Succulent chicken pieces, freshly cooked in a tandoori oven.

Chicken Tandoori Shashlik** GF 7 9 £13.45

Barbecued chicken with onions, tomatoes and green pepper, all served on skewers (dry).

Lamb Tandoori Shashlik** GF 7 9 £13.95

Barbecued lamb with onions, tomatoes and green pepper, all served on skewers (dry).

Tandoori Mix** GF 4 7 9 £16.95

A special selection of barbecued chicken, lamb tikka, tandoori king prawn and sheek kebab cooked in a tandoori oven.

Tandoori King Prawn** GF 5 7 9 £18.50

King prawns in herbs & spices, barbecued in a tandoori oven (dry & part shelled).

Tandoori Monkfish Shashlik** GF 5 7 9£18.95

Moist monkfish marinated in light spices & cooked in the tandoori oven with onion, tomatoes & green peppers served with salad & curry sauce.

All of the above Tandoori Dishes are accompanied with vegetable curry sauce

House Specialities

Chicken Tikka Masala* GF 7 9 10 £11.95
Smothered in a creamy sauce with almond, coconut & sugar.

Chicken Garlic Chilli Dish*** GF 7 9 £11.95
Cooked with cubed peppers & garlic cloves in hot sauce & green chilli.

Chicken Balti Exotica*** GF 7 9 10 £11.95
Barbecued and highly spiced with chopped green peppers, onions, green chilli and fresh coriander.

Chicken or Lamb Jalijal** 7 £11.95
Cooked with fresh garlic, ginger, onion, green pepper, green chilli, tomato, coriander, a dash of worcestershire sauce & yoghurt.

Chicken Balti or ***** GF 7 9 10 £11.95
Highly spiced with chopped green peppers, onion, green chilli and fresh coriander.

Chicken Tikka Chilli Masala*** GF 7 9 £11.95
Cooked with fresh green chilli, onions, peppers & tomatoes in a hot dry thick sauce, garnished with fresh coriander and spring onions.

Lamb Punjabi Masala* GF 7 10 £12.45
Smothered in a creamy sauce, cubed onions, green peppers with almond & coconut.

Lamb Garlic Chilli Dish*** GF 7 £12.45
Tender Lamb cooked with cubed peppers and garlic cloves in hot sauce with green chilli.

Lamb Balti or ***** GF 7 9 10 £12.45
Highly spiced with chopped peppers, onion, green chilli and fresh coriander.

Tikka Khazana** GF 4 5 7 9 £12.45
Selection of chicken tikka, lamb tikka and tandoori king prawn cooked with fried onions and green peppers with a special blend of herbs and spices to produce a delicate medium flavour.

Ocean King** GF 5 7 £17.95
Jumbo King Prawns tossed in spices & hot butter, served with fresh spinach, part shelled.

Monkfish Balti** GF 5 7 9 10 £18.95
Monkfish fillet highly spiced with onion, peppers, tomatoes and green chillies in a thick creamy sauce.

House Specialities

Butter Chicken** GF 7 9 10 £11.95

Traditional chicken tikka cooked to perfection in a rich tomato base creamy sauce.

Chicken Tikka Saag** GF 7 9 £12.25

Cooked with spinach & selected herbs & spiced to form an almost dry sauce.

Hot Jalfrezi with Chicken*** GF 7 9 £12.45

Cooked with onions, mixed peppers and fresh coriander in a hot savoury sauce.

Creamy Jalfrezi with Chicken* GF 7 9 10 £12.45

Cooked with tomatoes, spring onion and peppers in a rich creamy sauce (mild), with almond.

Hot Jalfrezi with Lamb*** GF 7 9 £12.45

Lamb cooked with onions, mixed peppers & fresh coriander in hot savoury sauce.

Chicken Karahi* GF 7 10 £12.45

Cooked with green peppers, chopped onions & tomatoes in thick dry sauce, smothered in rich creamy sauce (mild), with almond & coconut.

European Dishes

Chicken Nuggets 4 7 9 £12.95

Omelette with Cheese & Mushroom 4 7 9 £12.95

Chicken Strips 4 7 9 £12.95

Honey & Lemon Battered Chicken* 4 7 9 £13.95

All above are served with Chips

Kids Meals

Chicken Curry 7 £7.50

Chicken Tikka Masala 7 9 10 £7.50

Chicken Korma 7 10 £7.50

Chicken Strips 4 7 9 £7.50

Chicken Nuggets 4 7 9 £7.50

All above are served with Rice or Chips

Vegetarian

All Classic Dishes and most House Specials are available in a vegetarian option. Please ask your server.

Saag Paneer** **GF** **7** £11.45
Cottage cheese cooked with spinach & garlic.

Vegan Menu Starters

Vegan Vegetable Purrie £5.25
Vegetables cooked with onion and tomato, served in a pancake type bread.

Mains

Vegan Saag Aloo** **GF** £10.95
Spinach and potatoes cooked in a sauce.

Vegan Vegetable Bhagee** **GF** £10.95
Mixed vegetables, spicy herbs & sauce.

Vegan Boiled Rice **GF** £2.95

Vegan Tandoori Roti £2.95

Side Dishes

Tarka Dall** **GF** **7** £4.75
Lentils cooked in light Indian spices.

Mixed Vegetable Bhagee** **GF** **7** **9** £5.25
Mixed vegetable, spicy herbs & sauce.

Saag Bhagee** **GF** **7** £5.45
Spinach cooked in spices.

Bombay Potatoes** **GF** **7** £5.45
Potatoes lightly spiced in a medium sauce.

Sundries

- Boiled Rice GF 7£2.95
- Pilau Rice GF 7£2.95
- Fried Rice GF 7£3.25
Onion & Coriander
- Mushroom Rice GF 7£3.25
- Special Fried Rice GF 4 7£3.45
Egg & Onion
- Chips GF£3.50
- Poppadoms 2£0.95
- Dips 4 7 9 10£0.95
- Naan 2 4 7£2.85
- Garlic Naan 2 4 7£3.20
- Peshwari Naan 2 4 7 10£3.45
Sweet Coconut Bread
- Cheese & Garlic Naan 2 4 7£3.75
- Ramani Naan 2 4 7£3.95
Garlic, Cheese, Coriander & Chilli