



# INDIAN OCEAN

R E S T A U R A N T

## Special Star System to indicate strength of curries

- Mild\*** These dishes consist of cream coconut and almond powder, rich in flavour
- Medium\*\*** These dishes are more traditional in taste
- Hot\*\*\*** These dishes can be enjoyed by all who have spice tolerance
- Very Hot\*\*\*\*** Only advised for those who like really hot Indian Cuisine

*Allergens are numbered on the menu after each dish.  
If you need more information, please ask a member of staff.*

## GUIDE TO ALLERGENS

- |                          |                   |                            |
|--------------------------|-------------------|----------------------------|
| <b>GF</b> Gluten Free    | <b>5</b> Fish     | <b>10</b> Nuts             |
| <b>1</b> Celery          | <b>6</b> Lupin    | <b>11</b> Peanuts          |
| <b>2</b> Contains Gluten | <b>7</b> Milk     | <b>12</b> Sesame Seeds     |
| <b>3</b> Crustaceans     | <b>8</b> Molluscs | <b>13</b> Soya             |
| <b>4</b> Eggs            | <b>9</b> Mustard  | <b>14</b> Sulphate Dioxide |

[www.indianoceangroup.co.uk](http://www.indianoceangroup.co.uk)

# Starters

**Pakora\*\*** GF 4 .....£4.85

*Vegetables deep fried in gram flour batter.*

**Onion Bhagee\*\*** GF 4 .....£4.95

*Spiced onions deep fried in gram flour batter.*

**Chicken Pakora\*\*** GF 4 .....£5.25

*Delicately spiced chicken with garlic & ginger, deep fried in gram flour batter.*

**Samosa\*\*** 2 .....£4.95

*Vegetable or mince enveloped in pastry, deep fried.*

**Mixed Vegetable Starter\*\*** 2 4 .....£5.45

*A small selection of vegetable samosa, vegetable pakora and onion bhagee.*

**Chicken Puri\*\*** 2 7 9 .....£5.75

*Delicately spiced chicken, cooked with tomato, onion & green peppers, served on a pancake type bread with a touch of tandoori sauce.*

**Duck Spring Rolls\*** 2 4 7 12 13 .....£5.95

*Succulent duck lightly spiced and wrapped in a crispy pancake.*

**King Prawn Puri\*\*** 2 5 7 .....£6.45

*King Prawns cooked with tomato, onion & green peppers, served on a pancake type bread with a touch of tandoori sauce.*

**Garlic King Prawn\*** 5 7 .....£6.95

*Jumbo King Prawns cooked with garlic, butter & fresh herbs.*

**Chicken Tikka\*\*** GF 7 9 .....£5.95

*Cubed chicken previously cooked in a tandoori oven.*

**Tandoori Mix\*\*** GF 4 7 9 .....£6.25

*A selection of barbecued chicken tikka, lamb tikka and sheek kebab all freshly cooked in a tandoori oven.*

**House Starter Selection\*\*** 2 4 7 9 .....£6.85

*A small selection of pakora, onion bhagee, mince samosa, chicken tikka, served with salad.*

## Indian Ocean Tapas

**for Two / Four People\*\*** 2 4 5 7 9 ....£11.95 / £19.95

*The chefs selection of chicken, meat & vegetables.*

# Classic Dishes

**CHICKEN MADRAS\*\*\*** GF 7 .....£10.45

*Hot curry cooked with mixed Indian spices.*

**CHICKEN BHUNA\*\*** GF 7 .....£10.45

*Cooked with a blend of spices with tomato, onion, green pepper and fresh coriander. (thick sauce).*

**CHICKEN PATIA\*\*\*** GF 7 .....£10.75

*Cooked with onions and fresh lemon juice in a hot, sweet & sour sauce.*

**CHICKEN DANSAK\*\*\*** GF 7 .....£10.95

*Cooked with lentils & pineapple, with sweet and sour sauce.*

**CHICKEN KORMA\*** GF 7 10 .....£10.95

*Cooked in cream, coconut, almond powder, sultanas and creamy sauce - very mild.*

**CHICKEN ROGAN JOSH\*\*** GF 7 9 10 .....£10.95

*Cooked with mixed Indian spices, tomatoes, green peppers, onions and green herbs, topped with a creamy sauce. (mild) Can also be served without cream.*

**CHICKEN KASHMIR\*** GF 7 10 .....£10.95

*Delicately flavoured with fresh herbs and light spices, cooked with tropical fruits.*

**CHICKEN BIRYANI\*\*** GF 7 10 .....£13.45

*Cooked with basmati rice, a mixture of spices & sultanas, garnished with tomato and cucumber, served with a plain vegetable curry sauce.*

**ALL ABOVE DISHES AVAILABLE IN:**

**CHICKEN TIKKA £1.00 EXTRA** 7 9 10

**LAMB £1.00 EXTRA**

**KING PRAWN £1.50 EXTRA** 5

**VEGETABLE £10.45** 9

# Tandoori Specialities

## Main Courses

**Chicken Tikka\*\*** GF 7 9 ..... £12.45

*Succulent chicken pieces, freshly cooked in a tandoori oven.*

**Chicken Tandoori Shashlik\*\*** GF 7 9 ..... £13.45

*Barbecued chicken with onions, tomatoes and green pepper, all served on skewers (dry).*

**Lamb Tandoori Shashlik\*\*** GF 7 9 ..... £13.95

*Barbecued lamb with onions, tomatoes and green pepper, all served on skewers (dry).*

**Tandoori Mix\*\*** GF 4 7 9 ..... £16.95

*A special selection of barbecued chicken, lamb tikka, tandoori king prawn and sheek kebab cooked in a tandoori oven.*

**Tandoori King Prawn\*\*** GF 5 7 9 ..... £18.50

*King prawns in herbs & spices, barbecued in a tandoori oven (dry & part shelled).*

**Tandoori Monkfish Shashlik\*\*** GF 5 7 9 .....£18.95

*Moist monkfish marinated in light spices & cooked in the tandoori oven with onion, tomatoes & green peppers served with salad & curry sauce.*

***All of the above Tandoori Dishes are accompanied with vegetable curry sauce***



# House Specialities

**Chicken Tikka Masala\*** GF 7 9 10 ..... £11.95  
*Smothered in a creamy sauce with almond, coconut & sugar.*

**Chicken Garlic Chilli Dish\*\*\*** GF 7 9 ..... £11.95  
*Cooked with cubed peppers & garlic cloves in hot sauce & green chilli.*

**Chicken Balti Exotica\*\*\*** GF 7 9 10 ..... £11.95  
*Barbecued and highly spiced with chopped green peppers, onions, green chilli and fresh coriander.*

**Chicken or Lamb Jalijal\*\*** 7 ..... £11.95  
*Cooked with fresh garlic, ginger, onion, green pepper, green chilli, tomato, coriander, a dash of worcestershire sauce & yoghurt.*

**Chicken Balti\*\* or \*\*\*** GF 7 9 10 ..... £11.95  
*Highly spiced with chopped green peppers, onion, green chilli and fresh coriander.*

**Chicken Tikka Chilli Masala\*\*\*** GF 7 9 ..... £11.95  
*Cooked with fresh green chilli, onions, peppers & tomatoes in a hot dry thick sauce, garnished with fresh coriander and spring onions.*

**Lamb Punjabi Masala\*** GF 7 10 ..... £12.45  
*Smothered in a creamy sauce, cubed onions, green peppers with almond & coconut.*

**Lamb Garlic Chilli Dish\*\*\*** GF 7 ..... £12.45  
*Tender Lamb cooked with cubed peppers and garlic cloves in hot sauce with green chilli.*

**Lamb Balti\*\* or \*\*\*** GF 7 9 10 ..... £12.45  
*Highly spiced with chopped peppers, onion, green chilli and fresh coriander.*

**Tikka Khazana\*\*** GF 4 5 7 9 ..... £12.45  
*Selection of chicken tikka, lamb tikka and tandoori king prawn cooked with fried onions and green peppers with a special blend of herbs and spices to produce a delicate medium flavour.*

**Ocean King\*\*** GF 5 7 ..... £17.95  
*Jumbo King Prawns tossed in spices & hot butter, served with fresh spinach, part shelled.*

**Monkfish Balti\*\*** GF 5 7 9 10 ..... £18.95  
*Monkfish fillet highly spiced with onion, peppers, tomatoes and green chillies in a thick creamy sauce.*

# House Specialities

**Butter Chicken\*\*** GF 7 9 10 ..... £11.95

*Traditional chicken tikka cooked to perfection in a rich tomato base creamy sauce.*

**Chicken Tikka Saag\*\*** GF 7 9 ..... £12.25

*Cooked with spinach & selected herbs & spiced to form an almost dry sauce.*

**Hot Jalfrezi with Chicken\*\*\*** GF 7 9 ..... £12.45

*Cooked with onions, mixed peppers and fresh coriander in a hot savoury sauce.*

**Creamy Jalfrezi with Chicken\*** GF 7 9 10 ..... £12.45

*Cooked with tomatoes, spring onion and peppers in a rich creamy sauce (mild), with almond.*

**Hot Jalfrezi with Lamb\*\*\*** GF 7 9 ..... £12.45

*Lamb cooked with onions, mixed peppers & fresh coriander in hot savoury sauce.*

**Chicken Karahi\*** GF 7 10 ..... £12.45

*Cooked with green peppers, chopped onions & tomatoes in thick dry sauce, smothered in rich creamy sauce (mild), with almond & coconut.*

# European Dishes

**Chicken Nuggets** 4 7 9 ..... £12.95

**Omelette with Cheese & Mushroom** 4 7 9 ..... £12.95

**Chicken Strips** 4 7 9 ..... £12.95

**Honey & Lemon Battered Chicken\*** 4 7 9 ..... £13.95

*All above are served with Chips*

# Kids Meals

**Chicken Curry** 7 ..... £7.50

**Chicken Tikka Masala** 7 9 10 ..... £7.50

**Chicken Korma** 7 10 ..... £7.50

**Chicken Strips** 4 7 9 ..... £7.50

**Chicken Nuggets** 4 7 9 ..... £7.50

*All above are served with Rice or Chips*

# Vegetarian

All Classic Dishes and most House Specials are available in a vegetarian option. Please ask your server.

**Saag Paneer\*\*** **GF** **7** ..... £11.45  
*Cottage cheese cooked with spinach & garlic.*

## Vegan Menu Starters

**Vegan Vegetable Purrie** ..... £5.25  
*Vegetables cooked with onion and tomato, served in a pancake type bread.*

## Mains

**Vegan Saag Aloo\*\*** **GF** ..... £10.95  
*Spinach and potatoes cooked in a sauce.*

**Vegan Vegetable Bhagee\*\*** **GF** ..... £10.95  
*Mixed vegetables, spicy herbs & sauce.*

**Vegan Boiled Rice** **GF** ..... £2.95

**Vegan Tandoori Roti** ..... £2.95

## Side Dishes

**Tarka Dall\*\*** **GF** **7** ..... £4.75  
*Lentils cooked in light Indian spices.*

**Mixed Vegetable Bhagee\*\*** **GF** **7** **9** ..... £5.25  
*Mixed vegetable, spicy herbs & sauce.*

**Saag Bhagee\*\*** **GF** **7** ..... £5.45  
*Spinach cooked in spices.*

**Bombay Potatoes\*\*** **GF** **7** ..... £5.45  
*Potatoes lightly spiced in a medium sauce.*

# Sundries

- **Boiled Rice** GF 7 .....£2.95
- **Pilau Rice** GF 7 .....£2.95
- **Fried Rice** GF 7 .....£3.25  
*Onion & Coriander*
- **Mushroom Rice** GF 7 .....£3.25
- **Special Fried Rice** GF 4 7 .....£3.45  
*Egg & Onion*
- **Chips** GF .....£3.50
- **Poppadoms** 2 .....£0.95
- **Dips** 4 7 9 10 .....£0.95
- **Naan** 2 4 7 .....£2.85
- **Garlic Naan** 2 4 7 .....£3.20
- **Peshwari Naan** 2 4 7 10 .....£3.45  
*Sweet Coconut Bread*
- **Cheese & Garlic Naan** 2 4 7 .....£3.75
- **Ramani Naan** 2 4 7 .....£3.95  
*Garlic, Cheese, Coriander & Chilli*